

## Allergy Shots – Jim

Hi my name is Jim I've been a patient here at ENT Specialists for almost a year and I've had multiple problems with allergies now for the last 10 years. I was initially reluctant to take the allergy shots, I thought "Well I'll just go home and just sort of self treat myself." But last year I was absolutely miserable. So on the recommendation of my doctor I came to ENT Specialists. I took a series of allergy tests, came to find out that oh yeah, I'm allergic to quite a few items, particularly grasses and trees. So I decided to start taking allergy shots. Let me tell you, almost a year later I've been able to work in a yard, I've not had any problems. I come in once a week for my shots. It only lasts for a minute or so. It's a little bit of a skin prick and that's it. There's no pain involved at all. The staff is wonderful and very kind and very understanding. It's been a great experience in terms of dealing with my allergies. So if you're fearful of having allergy shots, don't be. It's a smart move, you'll feel better, and you can get on with a better quality of life.